OLD CROW APOTHECARY

GOOD CARE BRIGHTER TOMORROWS

HEALTHY HENS HAPPIER DAYS

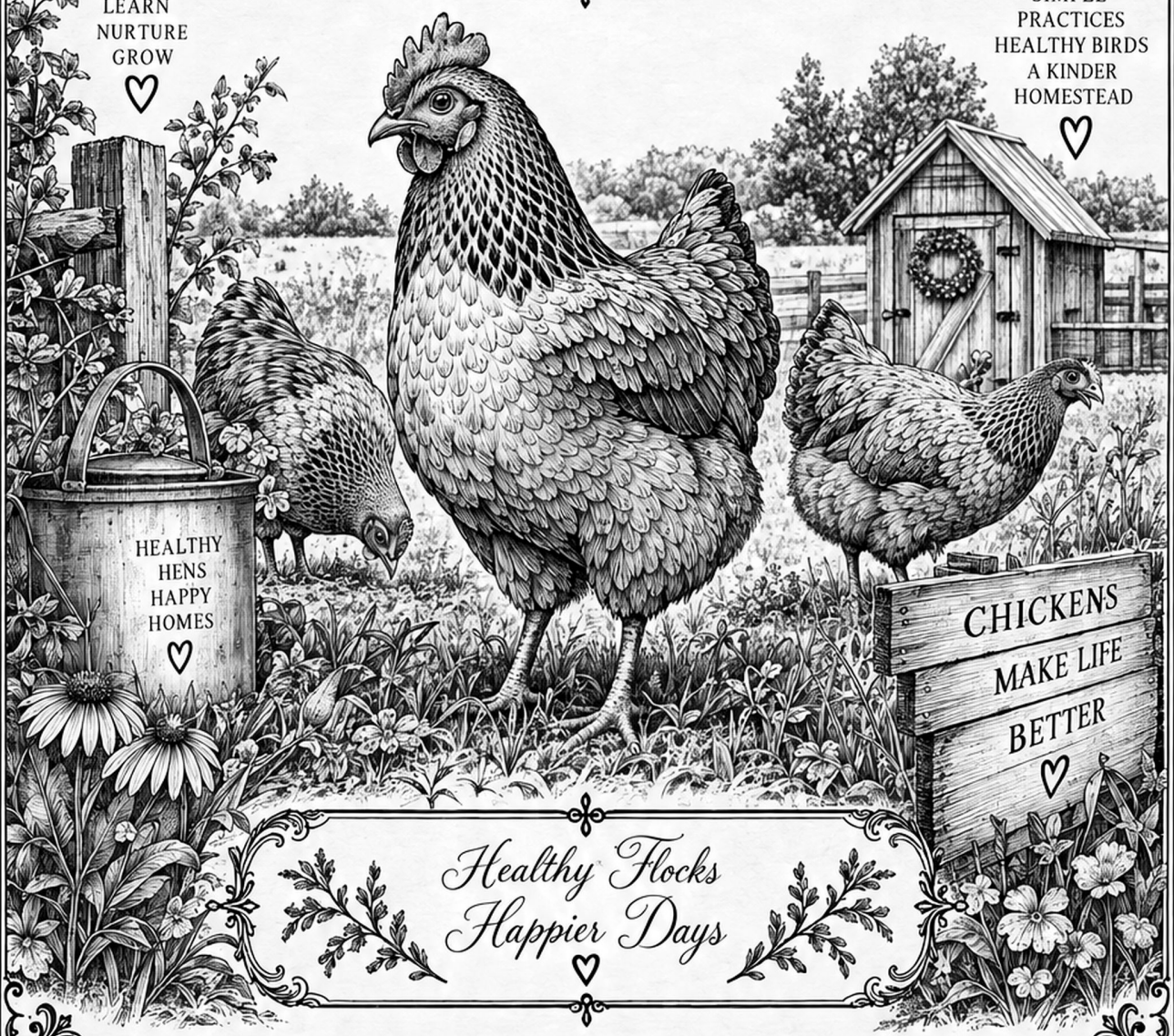
HOMESTEAD ✦ HERBALISM ✦ SIMPLE LIVING ✦ KINDER ANIMALS

CHICKEN KEEPER'S JOURNAL

A RECORD ♥ A RESOURCE ♥ A HAPPIER FLOCK

OBSERVE LEARN NURTURE GROW

SIMPLE PRACTICES HEALTHY BIRDS A KINDER HOMESTEAD



Healthy Flocks Happier Days

KNOWLEDGE • CARE • RECORDS • NATURAL SOLUTIONS • A KINDER TOMORROW

HEALTHY BIRDS
HAPPY HOMES
KINDER
TOMORROWS

OLD CROW APOTHECARY

OBSERVE
LEARN
NURTURE
GROW



My Flock

"DIFFERENT BIRDS, A BRIGHTER YARD"



Name	Breed	Hatch Date (or Age)	Date Added	Color / Markings	Personality	Notes



FLOCK NOTES

FLOCK GOALS

- ○
- ○
- ○
- ○
- ○
- ○

A backyard full of chickens is a heart full of joy."

SIMPLE CARE ♡ HEALTHY BIRDS ♡ FRESH EGGS ♡ A KINDER TOMORROW

OLD CROW APOTHECARY

SIMPLE CARE • HAPPY HENS • A KINDER LIFE

CHICKEN PROFILE

SMALL CREATURES MAKE A BIG KIND OF JOY.

Every hen has a story.

Name: _____

Breed: _____

Sex: ☐ Hen ☐ Rooster

Date Hatched: _____

Date Acquired: _____

Source: _____

Color / Markings: _____

Egg Color: _____

PHOTO OR SKETCH

Personality:

Favorite Treats:

Special Habits:

How I Know Her:



Health Notes:

GOOD HENS • BRIGHTER DAYS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS

A HEALTHY FLOCK
A HAPPIER TOMORROW.

MEDICINE & HEALTH LOG

Observe • Treat • Record • Keep Them Thriving.

DATE	CHICKEN	REASON / CONDITION	TREATMENT / MEDICINE	DOSE	TIME	GIVEN BY	FOLLOW-UP / NOTES

HEALTH OBSERVATION LOG

Sometimes the smallest changes matter.

DATE	CHICKEN	APPETITE	ACTIVITY	DROPPINGS	COMB / WATTLE	EYES / NOSE	FEET / LEGS	WEIGHT	SYMPTOMS / NOTES



"WELL CARED FOR HENS
LAY MORE THAN EGGS —
THEY LAY HAPPINESS."



PREPARE
NATURALLY
CARE
ALWAYS
♡

OLD CROW APOTHECARY

NATURAL SOLUTIONS • THOUGHTFUL CARE • A KINDER LIFE

HEALTHY
HENS
HAPPIER
HOMESTEADS
♡

CHICKEN FIRST-AID KIT

Be Prepared ♡ Keep Your Flock Healthy



ESSENTIAL SUPPLIES

- ☐ Digital thermometer (lubricating jelly)
- ☐ Veterinary wound spray (e.g., Vetericyn)
- ☐ Antiseptic cleanser (chlorhexidine or diluted povidone-iodine)
- ☐ Triple antibiotic ointment (no pain relief)
- ☐ Plain saline solution (wound flushing)
- ☐ Non-stick gauze pads
- ☐ Self-adhesive wrap (Vet Wrap)
- ☐ Medical tape
- ☐ Tweezers (tick and splinter removal)
- ☐ Scissors (bandage cutting)
- ☐ Eye wash (sterile saline)
- ☐ Oral syringe (for fluids/medications)
- ☐ Dropper (for small doses)
- ☐ Disposable gloves
- ☐ Small towel or washcloths
- ☐ Styptic powder (for bleeding/nail trim)
- ☐ Epsom salt (soaks)
- ☐ Activated charcoal (poisoning support)
- ☐ Electrolytes (e.g., Nutri-Drench or homemade)
- ☐ Probiotics (for after antibiotics)
- ☐ Dewormer (as needed)
- ☐ Coccidiosis treatment (keep on hand)
- ☐ Permethrin or poultry dust (external parasites)
- ☐ Hen saddle (for feather loss/over-mating)
- ☐ Small pet carrier or isolation crate



NATURAL SUPPORTS

- ☐ Apple cider vinegar (immune support)
- ☐ Raw honey (wound care and energy)
- ☐ Aloe vera gel (skin soothing)
- ☐ Calendula salve (healing)
- ☐ Diatomaceous earth (external parasites)
- ☐ Garlic (immune support)
- ☐ Oregano oil (respiratory support)
- ☐ Nettles (nutrient support)
- ☐ Chamomile (calming)
- ☐ Comfrey salve (external use only)



COMMON REASONS FOR USE

- ☐ Cuts, scrapes, or wounds
- ☐ Bumblefoot
- ☐ Respiratory issues
- ☐ Diarrhea or pasty vent
- ☐ Mite or lice infestation
- ☐ Egg binding
- ☐ Crop issues
- ☐ Dehydration or heat stress
- ☐ Poisoning (plant, mold, etc.)
- ☐ Post-procedure care (beak trim, spur trim, etc.)



NOTES

Healthy Flocks Brighter Days
♡

SIMPLE CARE • NATURAL SOLUTIONS • STRONGER FLOCKS

NATURAL CARE STRONGER FLOCKS ♡

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE SEASONAL SOLUTIONS HAPPIER DAYS ♡



SUPPLEMENT ROTATION SHEET

Small Additions ♡ Big Benefits



NOURISHED HENS ♡ STRONGER EGGS ♡ A HEALTHIER TOMORROW

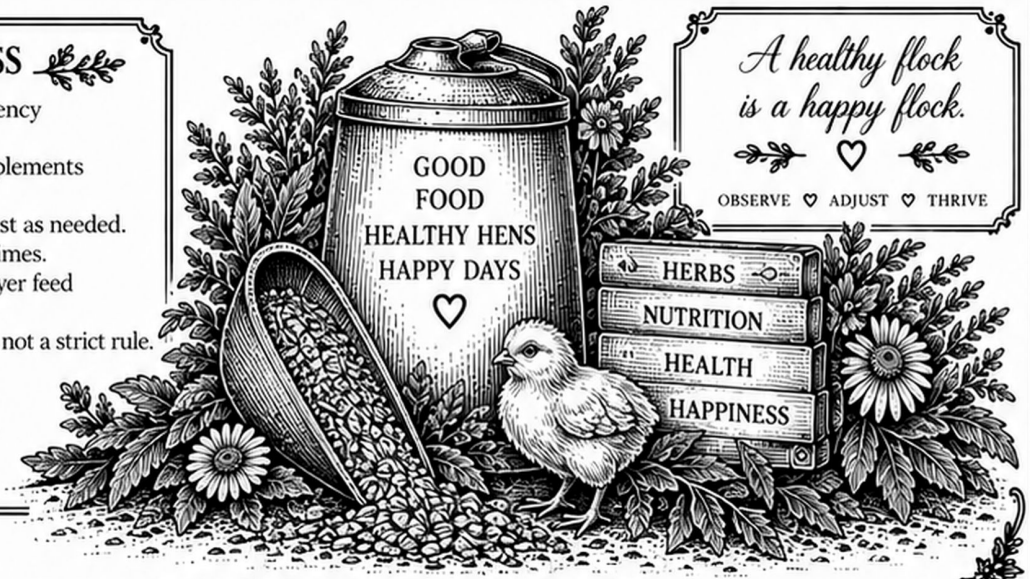
SUPPLEMENT	BENEFITS	RECOMMENDED ROTATION	DATES USED	NOTES
Apple Cider Vinegar (ACV)	Supports digestion, immune health	1 week on / 1 week off		
Probiotics	Balances gut health	1 week on / 1 week off		
Herbal Blend (Immune Support)	Boosts immune system	2 weeks on / 2 weeks off		
Herbal Blend (Respiratory Support)	Supports respiratory health	2 weeks on / 2 weeks off		
Herbal Blend (Anti-Inflammatory & Feather Health)	Reduces inflammation, supports feathers	2 weeks on / 2 weeks off		
Cooling Herb Tea (Summer Months)	Helps with heat stress, keeps hens cool	Use in summer or hot weather		
Diatomaceous Earth (DE)	Supports internal parasite control	1 week per month		
Garlic	Natural antibiotic, immune support	1–2 weeks on / 2 weeks off		
Brewer's Yeast	Supports feather growth, skin health	4 weeks on / 2 weeks off		
Omega-3 (Flaxseed or Fish Oil)	Healthy feathers, skin, and egg quality	4 weeks on / 2 weeks off		
Electrolytes (Seasonal/As Needed)	Replaces lost minerals, prevents dehydration	During heat, molting or stress		
Vitamins (A, D, E & B Complex)	Supports overall health and production	1 week per month		
Calcium (Oyster Shell)	Strong eggshells	Free-choice (year-round)		
Apple Cider Vinegar + Honey (After Stress or Illness)	Supports recovery and hydration	3–5 days as needed		

TIPS FOR SUCCESS

- Rotate supplements to prevent dependency and ensure balanced nutrition.
- Use high-quality, organic herbs and supplements when possible.
- Observe your flock for changes and adjust as needed.
- Keep fresh, clean water available at all times.
- Pair supplements with a good quality layer feed and fresh greens.
- Every flock is different - this is a guide, not a strict rule.

♡

Healthy Choices Today
Brighter Tomorrows



A healthy flock is a happy flock.

♡

OBSERVE ♡ ADJUST ♡ THRIVE

NATURAL SOLUTIONS • THOUGHTFUL CARE • A HAPPIER FLOCK

NATURAL SOLUTIONS STRONGER FLOCKS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SMALL STEPS BRIGHTER DAYS



IMMUNE BOOSTING SUPPLEMENT ROTATION

A Simple 4-Week Plan for a Healthier Flock

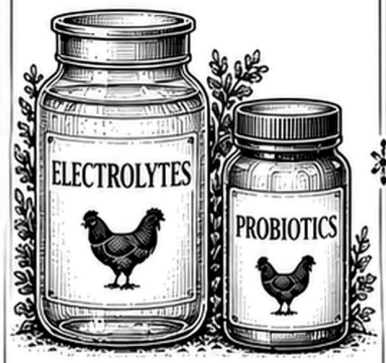


ROTATE ♡ SUPPORT ♡ PREVENT ♡ THRIVE

STRONGER HENS ♡ BETTER EGGS ♡ A BRIGHTER TOMORROW

WEEK 1

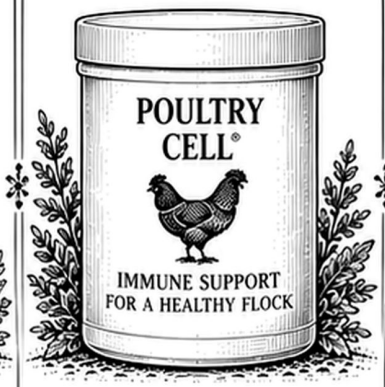
ELECTROLYTES & PROBIOTICS



- Helps maintain hydration
- Supports gut health
- Aids in nutrient absorption
- Great during heat, stress or after illness

WEEK 2

POULTRY CELL



- Supports immune function
- Promotes overall health
- Helps maintain natural defenses
- Great for year-round use

WEEK 3

APPLE CIDER VINEGAR WATER

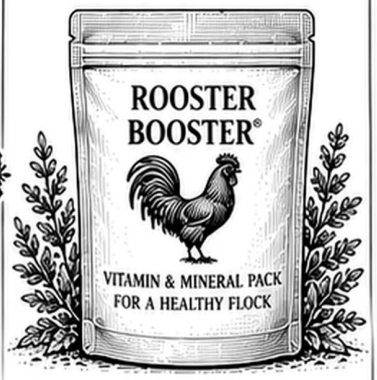


- Supports digestive health
- Helps maintain a healthy immune system
- Promotes a healthy gut and pH balance
- Use raw, unfiltered apple cider vinegar

WEEK 4

VITAMINS & MINERALS

(ROOSTER BOOSTER VITAMIN PACK)



- Provides essential vitamins and minerals
- Supports egg production
- Promotes strong bones, feathers and overall health
- Helps fill nutritional gaps

TIPS FOR SUCCESS

- Rotate supplements monthly to prevent dependency.
- Always provide fresh, clean water.
- Use high-quality, poultry-safe products.
- Adjust as needed for seasonal changes, stress or illness.
- Every flock is different — observe your hens and make changes based on their needs.

Healthy Choices Today
Happier Hens Tomorrow



A STRONGER FLOCK STARTS FROM WITHIN

Healthy hens lay happier eggs and make brighter days on the homestead.

NATURAL CARE • THOUGHTFUL SOLUTIONS • A HAPPIER FLOCK

KNOWLEDGE
CARES
CONFIDENCE
SAFER FLOCKS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE
PRACTICES
BRIGHTER
DAYS

WING CLIPPING GUIDE

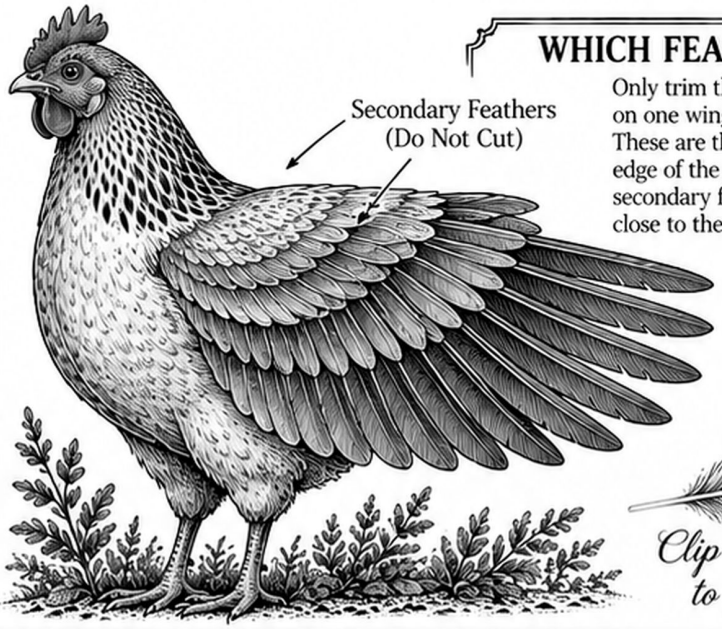
A Simple Step for a Safer, Happier Flock

KEEPING HENS SAFER ♡ REDUCING FLIGHT RISK ♡ GENTLE CARE ♡ MORE PEACE OF MIND

WHY CLIP WINGS?

- Helps keep hens safely in your yard
- Reduces the risk of flying over fences
- Helps protect from predators
- Does not hurt when done correctly
- Wings will grow back and can be trimmed again as needed

It's not about stopping them from flying forever—just giving them a little grounded advantage.



WHICH FEATHERS TO CLIP?

Only trim the primary flight feathers on one wing (usually the left wing). These are the long feathers at the outer edge of the wing. Do NOT cut the secondary feathers or any feathers close to the body.



Clip one wing only to keep balance.

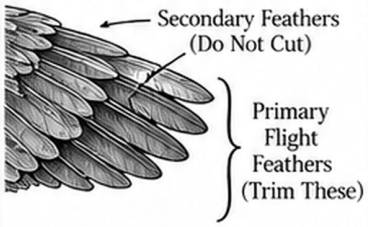
STEP-BY-STEP INSTRUCTIONS

1 GENTLY HOLD YOUR HEN



Hold your hen comfortably with her wing extended.

2 FIND THE PRIMARY FLIGHT FEATHERS



Identify the long primary flight feathers at the outer edge of the wing.

3 TRIM THE FEATHERS



Using clean, sharp scissors, cut the primary flight feathers about halfway down, keeping the cut even.

4 CHECK AND REPEAT IF NEEDED



Make sure the feathers are trimmed evenly. Repeat on the same wing as needed when feathers grow back (usually every 8–12 weeks).

IMPORTANT TIPS

- Use clean, sharp scissors.
- Only clip the primary flight feathers.
- Do not cut into the quick (there are no blood vessels in the outer flight feathers).
- Clip one wing only (usually the left).
- Young birds can be wing clipped once their adult feathers grow in.
- Recheck and trim as needed every 8–12 weeks.



Small Steps Make a Safer Homestead

THOUGHTFUL CARE • PRACTICAL KNOWLEDGE • STRONGER, HAPPIER FLOCKS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

FRESH EGGS BRIGHTER DAYS

EGG PRODUCTION LOG

Small eggs make a big, beautiful life.

DATE	HEN NAME (or leave blank)	NUMBER OF EGGS	EGG COLOR	SIZE (S / M / L)	NOTES (soft shell, double yolk, etc.)



"GOOD THINGS COME IN EGG SHAPES."



OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

KIND
PEOPLE
KIND
ANIMALS
A BRIGHTER
TOMORROW
♡

EGG NOTES & STATS

Observe. Learn. Celebrate.

LAYING PATTERNS

SEASONAL NOTES



FEED & NUTRITION NOTES

MOLTING NOTES

MONTHLY TOTALS

MONTH		TOTAL EGGS
JAN		
FEB		
MAR		
APR		
MAY		
JUN		
JUL		
AUG		
SEP		
OCT		
NOV		
DEC		

OBSERVATIONS & THOUGHTS



HAPPIER HENS • FULLER BASKETS • BRIGHTER DAYS

OBSERVE
LEARN
JOURNAL
GROW

OLD CROW APOTHECARY

SIMPLE
DAYS
HAPPIER
FLOCKS

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE



HENHOUSE NOTES

Thoughts ♡ Observations ♡ Ideas ♡ Memories





NATURAL SOLUTIONS • THOUGHTFUL CARE • A HAPPIER FLOCK

OBSERVE
LEARN
JOURNAL
GROW

OLD CROW APOTHECARY

SIMPLE
DAYS
HAPPIER
FLOCKS

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE



HENHOUSE NOTES

Thoughts ♡ Observations ♡ Ideas ♡ Memories



Slow
Simple
Meaningful



HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

CLEAN COOPS HAPPIER HENS ♡

COOP CLEANING SCHEDULE

A clean coop is a healthy coop.

DAILY

- [ ] Fresh water
- [ ] Check and fill feeders
- [ ] Collect eggs
- [ ] Spot clean (remove wet/soiled bedding)
- [ ] Check nesting boxes
- [ ] Quick health check on flock
- [ ] Check doors, latches and predator security
- [ ] Remove any dead pests
- [ ] Make sure run is safe and secure
- [ ] Note anything unusual

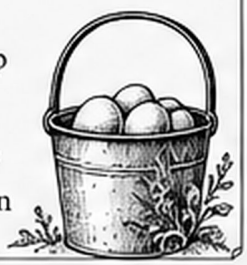


WEEKLY

- [ ] Deep clean feeders
- [ ] Clean waterers
- [ ] Refresh bedding (as needed)
- [ ] Clean roosts
- [ ] Clean nesting boxes
- [ ] Rake and refresh run area
- [ ] Check for mites/lice
- [ ] Inspect fencing and hardware
- [ ] Remove cobwebs
- [ ] Check ventilation
- [ ] Dispose of waste properly

MONTHLY

- [ ] Complete coop deep clean
- [ ] Replace bedding
- [ ] Scrub feeders and waterers
- [ ] Inspect and clean roosts
- [ ] Check nesting boxes for wear
- [ ] Inspect roof, walls, and flooring
- [ ] Check for pests (mites, lice, rodents)
- [ ] Inspect run and fencing
- [ ] Trim vegetation around coop
- [ ] Refresh dust bath area
- [ ] Check and tighten hardware
- [ ] Assess overall coop condition



SEASONAL

- [ ] Full deep clean (at least 1x per season)
- [ ] Inspect for weather damage
- [ ] Check insulation/ventilation
- [ ] Wash and disinfect entire coop
- [ ] Refresh or rotate bedding materials
- [ ] Evaluate run drainage
- [ ] Check for mold or moisture issues
- [ ] Inspect perches and nesting boxes
- [ ] Clean windows and vents
- [ ] Make any needed repairs
- [ ] Prepare for seasonal weather changes



"A LITTLE CLEANING GOES A LONG WAY TOWARD A HEALTHY, HAPPY FLOCK."

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SAME COOP BRIGHTER DAYS ♡

COOP CLEANING LOG

Keep a clean coop. Keep happy hens.

DATE	TASKS COMPLETED (What was cleaned)	BEDDING CHANGED	NEST BOXES	ROOSTS	FEEDERS	WATERERS	PEST CHECK	NOTES

NOTES & REMINDERS

"CLEAN SPACES, HAPPIER PLACES."



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HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

GOOD FEED HAPPY HENS ♡

FEED & TREATS LOG

Feed well. Raise happy hens.

DATE	FEED / TREAT	AMOUNT	HENS FED	SUPPLEMENTS (yes / no)	NOTES (reaction, changes, etc.)



"GOOD NUTRITION FUELS BRIGHTER DAYS."

HEALTHY HENS
HAPPIER HOMES
BRIGHTER TOMORROWS ♡

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE FOOD BIG JOY ♡

FEEDING GUIDE

A quick reference for a healthy flock.

COMMON FEEDS

- ☐ Layer Feed (16–18% protein)
- ☐ Starter/Grower Feed
- ☐ Scratch Grains
- ☐ Oyster Shell (calcium)
- ☐ Mealworms
- ☐ Black Soldier Fly Larvae
- ☐ Fruits & Vegetables
- ☐ Kitchen Scraps
- ☐ Forage / Greens
- ☐ Other: _____

HEALTHY TREATS

- ☐ Mealworms
- ☐ Sunflower Seeds
- ☐ Pumpkin Seeds
- ☐ Dried Herbs (oregano, thyme, etc.)
- ☐ Fruits (berries, apples, melon)
- ☐ Vegetables (greens, squash, carrots)
- ☐ Cabbage
- ☐ Corn (in moderation)
- ☐ Cooked Oats
- ☐ Plain Yogurt
- ☐ Other: _____

SUPPLEMENTS

- ☐ Oyster Shell (calcium)
- ☐ Grit (for digestion)
- ☐ Probiotics
- ☐ Vitamins (A, D, E)
- ☐ Electrolytes
- ☐ Apple Cider Vinegar (in water)
- ☐ Garlic (natural support)
- ☐ Diatomaceous Earth (in moderation)
- ☐ Other: _____

NOTES

_____

_____

_____

FOOD DO'S

- ☐ Provide complete layer feed
- ☐ Offer fresh, clean water daily
- ☐ Give treats in moderation
- ☐ Provide calcium for strong shells
- ☐ Offer grit if free-ranging
- ☐ Include fresh greens and vegetables
- ☐ Keep feed dry and stored properly
- ☐ Watch for changes in appetite

FOOD DON'TS

- ☐ No moldy or spoiled food
- ☐ No avocado
- ☐ No chocolate
- ☐ No caffeine (coffee, tea, soda)
- ☐ No alcohol
- ☐ No raw beans
- ☐ No green potato peels
- ☐ No overly salty or sugary foods
- ☐ No onion or large amounts of garlic

"HAPPY HENS ARE FED WITH GOOD THINGS AND KIND INTENTIONS."



NOURISHED HENS • BRIGHTER DAYS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

WISE CHOICES BRIGHTER DAYS

♡

FLOCK EXPENSES LOG

Investing in happy hens and a fuller tomorrow.

DATE	ITEM / DESCRIPTION	CATEGORY (feed, bedding, etc.)	QUANTITY	COST	NOTES



"A LITTLE CARE GOES A LONG WAY."

HAPPIER HENS
HEALTHIER HOMES
BRIGHTER TOMORROWS

♡

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

GOOD SUPPLIES STRONGER FLOCKS BRIGHTER DAYS ♡

SUPPLIES & INVENTORY

Be prepared for every season.

DATE	SUPPLY ITEM	QUANTITY	COST	WHERE PURCHASED	NOTES

COMMON EXPENSE CATEGORIES

- ☐ Feed
- ☐ Bedding (pine shavings, straw, etc.)
- ☐ Treats & Supplements
- ☐ Coop Supplies (nesting boxes, feeders, etc.)
- ☐ Equipment & Tools
- ☐ Veterinary Care / Medications
- ☐ Chicks / Hatching Supplies
- ☐ Fencing & Predator Protection
- ☐ Maintenance & Repairs
- ☐ Cleaning Supplies
- ☐ Utilities (electric, water, etc.)
- ☐ Other: _____

SUPPLY CHECKLIST

- ☐ Feed
- ☐ Bedding
- ☐ Oyster Shell / Calcium
- ☐ Grit
- ☐ Nest Box Supplies
- ☐ Clean Waterers
- ☐ Feeders
- ☐ Supplements
- ☐ First Aid Kit
- ☐ Cleaning Supplies
- ☐ Extra Bulbs (winter)
- ☐ Fly Control
- ☐ Predator Protection
- ☐ Other: _____

NOTES & PLANS



"PREPARED HENS ARE HAPPY HENS."

PLAN WELL • SUPPLY OFTEN • ENJOY THE JOURNEY

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SMALL EGGS BRIGHTER TOMORROWS ♡

INCUBATION LOG

From eggs today to a brighter tomorrow.

EGG SETTING RECORD

DATE SET	BREED	NUMBER OF EGGS	SOURCE (own flock / purchased)	EGG QUALITY (grade / notes)	EXPECTED HATCH DATE

DAILY INCUBATION TRACKER

DAY	DATE	TEMPERATURE (°F)	HUMIDITY (%)	TURNED EGGS (✓)	CANDLED (✓)	NOTES
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						



"GOOD THINGS OFTEN COME IN SMALL EGGS."

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

TINY CHICKS BRIGHTER DAYS ♡

HATCH RECORD

New life is always a beautiful thing.

HATCH DATE	BREED	NUMBER HATCHED	NUMBER NOT HATCHED	NOTES (issues, assist, egg tooth, etc.)

CHICK NOTES

BREED: _____

HATCH DATE: _____

NUMBER OF CHICKS: _____

BROODER SETUP: _____

_____

FEED: _____

WATER: _____

SPECIAL NOTES: _____

_____

_____

_____



HATCHING CHECKLIST

- ☐ Clean and test incubator
- ☐ Set temperature and humidity
- ☐ Select and inspect eggs
- ☐ Mark eggs (pencil)
- ☐ Turn eggs (if not automatic)
- ☐ Candle eggs (days 7, 14, 18)
- ☐ Increase humidity (day 18)
- ☐ Stop turning (day 18)
- ☐ Prepare brooder
- ☐ Have chick feed and water ready
- ☐ Monitor hatch
- ☐ Record results
- ☐ Clean incubator after hatch

LESSONS LEARNED

_____

_____

_____

_____

_____

"A BRIGHTER FLOCK BEGINS HERE."



HAPPIER HENS • HEALTHIER HOMES • BRIGHTER TOMORROWS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

PATIENCE
KINDNESS
HEALTHY HENS
HAPPIER
HOMES
♡

BROODY HEN LOG

Some hens just have bigger dreams.

HEN NAME	DATE BROODY BEGAN	BEHAVIOR SIGNS (staying in nest, puffed up, etc.)	EGGS UNDER HER	OUTCOME (hatched, stopped, moved)	NOTES

COMMON SIGNS OF BROODINESS

- ☐ Stays in nest box for long periods
- ☐ Puffed up and fluffed feathers
- ☐ Growls or clucks when approached
- ☐ Refuses to leave nest
- ☐ Little interest in food or flock
- ☐ May pull feathers from breast
- ☐ Collects eggs (even fake ones)
- ☐ Persistent over several days
- ☐ Can last 3–6 weeks (or longer)

"INSTINCT IS A BEAUTIFUL THING."



OPTIONS & NOTES

- ☐ Let her hatch (natural)
- ☐ Provide fertile eggs
- ☐ Mark hatch date (21 days)
- ☐ Break broodiness gently
- ☐ Use a wire bottom nest box
- ☐ Remove eggs daily
- ☐ Provide more light
- ☐ Increase interaction
- ☐ Notes: _____

_____

_____

_____

RESPECT THEIR NATURE • SUPPORT THEIR WELLBEING

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

FOUR SEASONS SAME HAPPY HENS ♡

SEASONAL CHICKEN CARE

Thoughtful care in every season leads to happy, healthy hens.



SPRING

RENEW • REFRESH • PREPARE

- ☐ Deep clean the coop
- ☐ Check for mites and pests
- ☐ Refresh bedding
- ☐ Inspect and repair coop/run
- ☐ Start garden for chicken greens
- ☐ Increase protein for molting recovery
- ☐ Watch for broodiness
- ☐ Check egg production
- ☐ Ensure clean, fresh water
- ☐ Plan for hatching (if desired)
- ☐ Other: _____



SUMMER

KEEP COOL • KEEP HYDRATED • KEEP SAFE

- ☐ Provide shade and good ventilation
- ☐ Ensure constant fresh, cool water
- ☐ Offer electrolytes during heat waves
- ☐ Freeze treats (fruit, veggies, scratch)
- ☐ Watch for heat stress (open-mouth breathing)
- ☐ Keep waterers clean (prevent algae)
- ☐ Provide dust baths (keep dry)
- ☐ Check for pests (mites, flies, mosquitoes)
- ☐ Trim vegetation around coop
- ☐ Monitor egg production (may decrease)
- ☐ Other: _____



AUTUMN

PREPARE • PROTECT • GATHER

- ☐ Check and winterize the coop
- ☐ Clean gutters and improve drainage
- ☐ Stock up on feed and supplies
- ☐ Check for molting and support nutrition
- ☐ Collect and store fallen leaves (bedding)
- ☐ Check run for mud and erosion
- ☐ Treat for mites before winter
- ☐ Ensure proper ventilation
- ☐ Evaluate flock health
- ☐ Plan for shorter daylight hours
- ☐ Other: _____



WINTER

KEEP WARM • KEEP DRY • KEEP HEALTHY

- ☐ Ensure coop is draft-free but well ventilated
- ☐ Keep water from freezing (use heater if needed)
- ☐ Provide extra bedding (deep litter method)
- ☐ Increase feed for added energy
- ☐ Check for frostbite (comb, wattles, toes)
- ☐ Keep run clear of snow and ice
- ☐ Provide windbreaks
- ☐ Limit moisture (prevent damp bedding)
- ☐ Offer warm, nutritious treats
- ☐ Monitor egg production (may decrease)
- ☐ Other: _____

"EACH SEASON BRINGS ITS OWN BEAUTY"
AND NEW REASONS TO CARE."

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SAME HENS BRIGHTER DAYS

SEASONAL NOTES & OBSERVATIONS

A record of the changing seasons and a thriving flock.

SPRING



Dates: _____

Notes: _____

SUMMER



Dates: _____

Notes: _____

AUTUMN



Dates: _____

Notes: _____

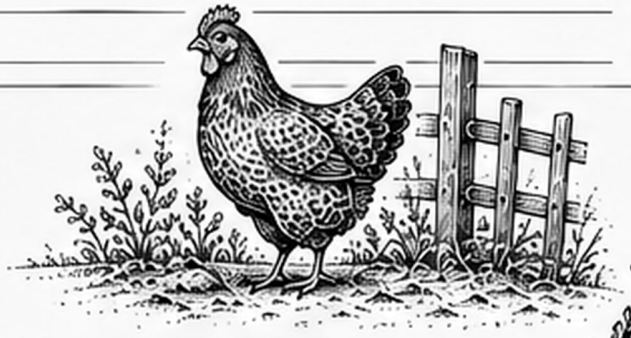
WINTER



Dates: _____

Notes: _____

"GOOD HENS ADAPT, AND SO DO WE."



OBSERVE • LEARN • ADJUST • ENJOY THE JOURNEY

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SAME HENS BRIGHTER DAYS

MOLTING LOG

A little shedding makes room for something new.

HEN NAME	DATE MOLTING BEGAN	SIGNS OBSERVED (feather loss, areas, behavior)	DURATION	NOTES (feed changes, supplements, etc.)

COMMON SIGNS OF MOLT

- ☐ Increased feather loss
- ☐ Pin feathers (new growth)
- ☐ Decreased egg production
- ☐ Changes in behavior
- ☐ Dull or ragged feathers
- ☐ More time resting
- ☐ Increased appetite
- ☐ Seeking warmth
- ☐ Can take 6–16 weeks



"SHE SHEDS TODAY SO SHE CAN SHINE TOMORROW."

NATURAL CYCLES • STRONGER HENS • BRIGHTER DAYS

OLD CROW APOTHECARY

NATURAL REMEDIES ✦ SIMPLER LIVING ✦ HAPPIER HENS

HEALTHY HENS
CLEAN EGGS
HAPPY HOMES

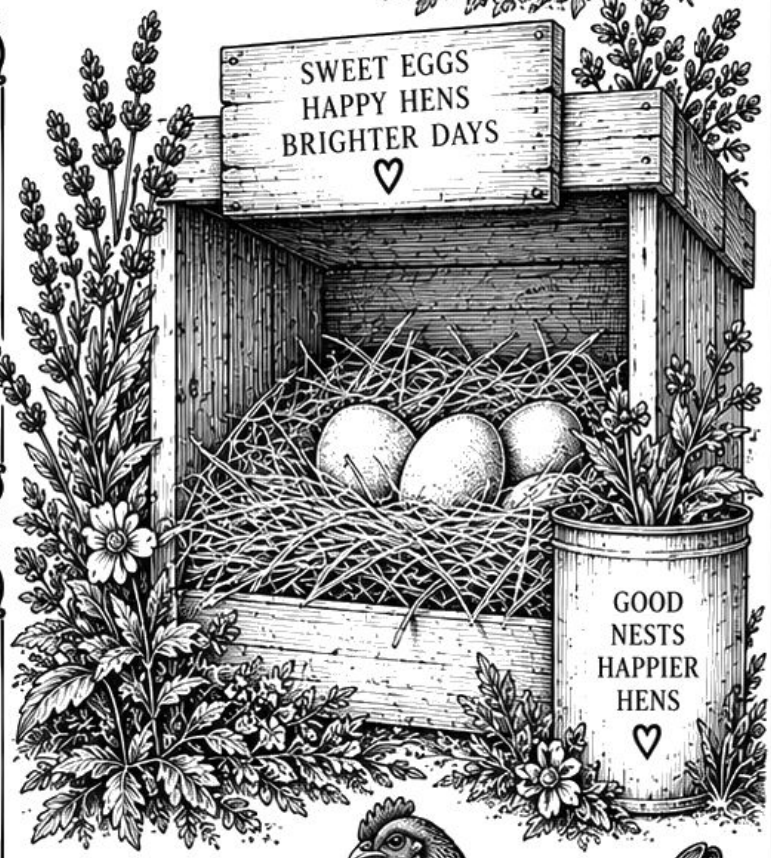
HERBS
HOMESTEAD
KINDER
TOMORROWS

NESTING BOX HERB BLEND

A fresh, fragrant nest for happy hens.

INGREDIENTS

- 1 cup dried lavender
- 1 cup dried rosemary
- 1 cup dried thyme
- 1 cup dried mint
- 1/2 cup dried lemon balm
- Optional: dried calendula petals
- Optional: small amount of cedar shavings



INSTRUCTIONS

1. Ensure all herbs are completely dry.
2. Mix together in a clean, dry bowl.
3. Add a handful of the herb blend to nesting boxes when refreshing bedding.
4. Gently fluff the herbs into pine shavings or straw.
5. Refresh every 2–4 weeks or as needed.



NOTES

LITTLE DETAILS MAKE A BIG DIFFERENCE.

OBSERVE
LEARN
NURTURE
GROW

OLD CROW APOTHECARY

DIFFERENT
BIRDS
A BRIGHTER
YARD

WORM WATCH & FLOCK WELLNESS

HEALTHY BIRDS ✦ HAPPY HOMES ✦ A KINDER TOMORROW

WORM WATCH

A HEALTHY FLOCK STARTS FROM WITHIN

Date	Treatment (or Test)	Product / Herb	Flock Members	Notes

NATURAL SUPPORT OPTIONS

- Pumpkin seeds
- Diatomaceous earth (food grade)
- Garlic
- Oregano
- Thyme
- Wormwood
- Apple cider vinegar (in water)
- Balanced nutrition & clean living

A clean coop, nutritious diet, and natural support help keep your flock happy and healthy."

FLOCK WELLNESS

HAPPY BIRDS MAKE A BRIGHTER YARD

Date	Chicken	Symptoms / Observation	Action Taken	Notes

COMMON THINGS TO WATCH FOR

- Changes in appetite
- Lethargy or isolation
- Runny nose or sneezing
- Watery or unusual droppings
- Pale comb or wattles
- Changes in egg production
- Limping or bumblefoot
- Mites or lice
- Weight loss
- Abnormal behavior

Well cared for chickens aren't just healthier — they're happier, brighter, and bring more joy to every day."



ADDITIONAL NOTES

A HEALTHY FLOCK ✦ A HAPPIER HOME ✦ A BRIGHTER TOMORROW

NATURAL
HERBS
HEALTHY
HENS

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE
SUPPORT
STRONGER
FLOCKS

HERBAL WORM-SUPPORT FEED BLEND

A natural herbal blend to support a healthy digestive system.

INGREDIENTS

- ☐ Black pepper: 7 tablespoons + 1 teaspoon
- ☐ Cayenne pepper: 7 tablespoons + 1 teaspoon
- ☐ Garlic powder: 7 tablespoons
- ☐ Red chili flakes: 4 tablespoons + 2 ½ teaspoons
- ☐ Oregano: 4 tablespoons (or ¼ cup)
- ☐ Flax seed: 1 tablespoon + 2 teaspoons



STORAGE

Date Made: _____

Stored In: _____

Keep In: _____

_____

_____

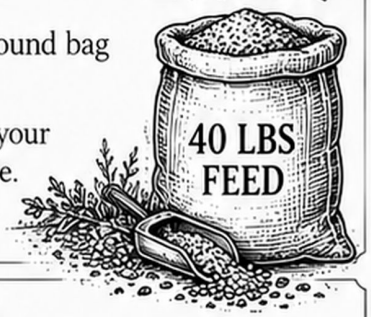
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INSTRUCTIONS



1. Measure all ingredients accurately.
2. Combine in a clean, dry bowl.
3. Mix thoroughly until well blended.
4. Store in an airtight container away from moisture and direct sunlight.

DOSAGE & USE



Add the entire mixture to a 40 pound bag of layer feed and mix well.

Feed as your regular feed during your recommended deworming schedule.

FLOCK OBSERVATIONS

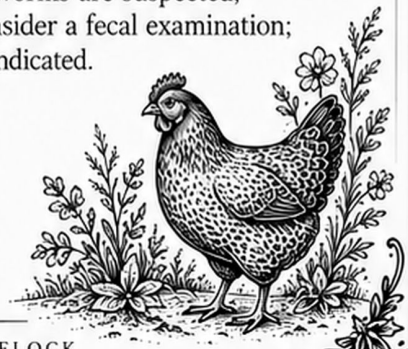
Notes on flock health, droppings, and overall condition while using this blend.

DATE	OBSERVATIONS	NOTES

IMPORTANT NOTE

Herbal blends have not been established as a guaranteed treatment for poultry worms. If worms are suspected, seek veterinary guidance and consider a fecal examination; use an approved treatment when indicated.

Healthy Hens
Brighter Days



NATURAL SOLUTIONS • THOUGHTFUL CARE • A HAPPIER FLOCK

OBSERVE
LEARN
JOURNAL
GROW

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE
DAYS
HAPPIER
FLOCKS



RESPIRATORY HEALTH HERBAL RECIPE

A Gentle Herbal Support for the Flock



KEY HERBS FOR RESPIRATORY HEALTH

These time-honored herbs are commonly used in traditional and modern herbal practices to support overall respiratory health in poultry.



OREGANO

Contains aromatic compounds including carvacrol. Traditionally used as an herb and studied for antimicrobial and anti-inflammatory properties.



THYME

Aromatic herb containing thymol. Traditionally used for respiratory comfort and to support a healthy respiratory system.



DILL

A culinary herb with antioxidant compounds that support overall health.



SAGE

A culinary herb with antioxidant compounds that support the respiratory and immune systems.



ECHINACEA & GARLIC

Optional additions commonly used as herbal and culinary ingredients to help support the immune system and overall wellness, especially during seasonal stress.

HOW TO MAKE AND USE THE MIX

1. DRY HERB BLEND

Mix equal parts of dried oregano, thyme, dill, and sage.
Add about 1 tablespoon of the blend per cup of regular chicken feed.



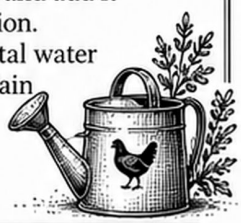
2. FRESH DELIVERY

Finely chop fresh sprigs of these herbs and offer them free-choice in a small separate dish or scatter them sparingly in the coop.



3. HERBAL INFUSION (TEA)

Steep chopped fresh herbs in boiling water for 20 minutes, let it cool completely, and add it to their watering station.
Offer as a supplemental water only; provide fresh plain water as the primary drinking water.





IMPORTANT HEALTH NOTE

Herbs are supportive additions and are not proven treatments for respiratory disease. If your chickens show signs such as coughing, wheezing or rales, nasal or eye discharge, gasping, lethargy, or other respiratory issues, isolate them as appropriate and consult a poultry veterinarian. Respiratory disease can be contagious. Good ventilation, dry litter, low dust and ammonia levels, and strong biosecurity practices are important for respiratory health.

NATURAL SOLUTIONS • THOUGHTFUL CARE • A HAPPIER FLOCK

OBSERVE
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HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

SIMPLE
DAYS
HAPPIER
FLOCKS



IMMUNE BOOSTING HERBAL RECIPE

A Stronger Flock ♡ A Healthier Tomorrow



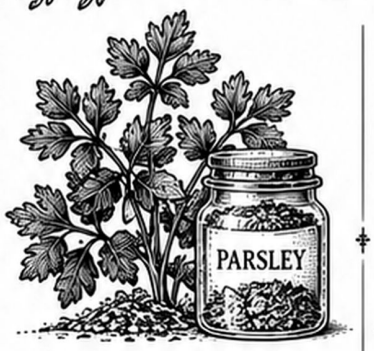
SUPPORTING NATURAL HEALTH
— ONE HERB AT A TIME —

This simple herbal blend helps support your flock's immune system, promotes respiratory health, aids digestion, and provides natural vitamins and antioxidants. A healthy flock starts from the inside out.

INGREDIENTS



1 cup dried oregano
(natural antibiotic and anti-fungal)



1 cup dried parsley
(high in vitamins A, B, and D)



½ cup dried calendula petals
(supports healing and brightens yolk color)



½ cup dried sage
(promotes respiratory health and acts as an antioxidant)

TO MAKE

Mix the dried herbs thoroughly, then add several cups of the blend into a standard bag of layer feed, or offer it free-choice in a small separate dish.

Healthy Hens ♡ Happy Homesteads
A Kinder Life



NATURAL SOLUTIONS • THOUGHTFUL CARE • A HAPPIER FLOCK

NATURAL CARE STRONGER FLOCKS ♡

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

GOOD HERBS BRIGHTER DAYS ♡



ANTI-INFLAMMATORY & FEATHER HEALTH MIX

Healthy Birds ♡ Beautiful Feathers
A Happier Flock



A SIMPLE HERBAL BLEND TO HELP REDUCE INFLAMMATION, SUPPORT OVERALL HEALTH, AND PROMOTE STRONG, BEAUTIFUL FEATHERS.

KEY HERBS & BENEFITS



OREGANO

A powerful herb with natural anti-inflammatory, antimicrobial, and antifungal properties. Supports immune health and overall wellness.



SAGE

Known for its anti-inflammatory and antioxidant properties. Supports immune function and helps maintain respiratory and digestive health.



PARSLEY

Rich in vitamins A, C, K and minerals. Supports detoxification, reduces inflammation, and promotes healthy skin and strong, vibrant feathers.



DILL

A gentle herb that aids digestion, helps reduce inflammation, and provides essential nutrients. Also supports respiratory health and contributes to healthy feather growth.

RECIPE INGREDIENTS

Equal Parts of Each Dried Herb

½ cup dried oregano
½ cup dried sage
½ cup dried parsley
½ cup dried dill



HOW TO MAKE AND USE THE MIX

1. **Mix**
   Combine equal parts (½ cup each) of dried oregano, sage, parsley, and dill. Mix thoroughly and store in an airtight container.
2. **Feed**
   Add about 1 tablespoon of the blend per cup of regular chicken feed. You can mix it into their daily feed or offer it free-choice in a separate dish.
3. **Fresh Delivery**
   Finely chop fresh sprigs of these herbs and offer them free-choice in a small separate dish or scatter them in the coop.
4. **Herbal Infusion (Tea)**
   Steep chopped fresh herbs in boiling water for 20 minutes, let it cool completely, and add it to their watering station.



HEALTHY HENS • NATURAL SOLUTIONS • THRIVING HOMESTEADS

COOLER HENS HAPPIER DAYS ♡

OLD CROW APOTHECARY

HEALTHY HENS • HAPPY HOMESTEADS • A KINDER LIFE

NATURAL SOLUTIONS BRIGHTER TOMORROWS ♡



COOLING HERB MIXTURE

For the Summer Months ♡

Cooler Hens ♡ Calmer Flocks ♡ A Happier Homestead



A REFRESHING HERBAL BLEND TO HELP YOUR FLOCK STAY COOL, CALM, AND COMFORTABLE DURING HOT WEATHER.

COOLING HERB INGREDIENTS



PEPPERMINT
Lowers body temperature naturally and supports breathing.



LEMON BALM
Calms heat stress and nervous behavior.



CHAMOMILE
Soothes stress and helps hens relax.

HERBAL CARE *for* BRIGHTER DAYS ♡

HOW TO MAKE THE COOLING HERBAL TEA

1. **BOIL WATER**
   Bring 4 cups of water to a rolling boil.
2. **ADD HERBS**
   Remove the water from the heat and add ½ cup of fresh (or ¼ cup of dried) mixed peppermint, lemon balm, and chamomile.
3. **STEEP**
   Cover and let the mixture steep for 15 to 30 minutes.
4. **STRAIN**
   Remove the solid plant parts.
5. **COOL COMPLETELY**
   Let the tea cool down to room temperature or place it in the fridge.
6. **SERVE**
   Dilute the cooled tea into a gallon of fresh, cold drinking water for your flock, or freeze the tea with small mint leaves in ice cube trays for an extra refreshing summer treat.



SIMPLE HERBS • THOUGHTFUL CARE • STRONGER, HAPPIER FLOCKS